



WELLNESS and Best Italian Life style !



1st day

Arrival in the morning and accommodation in Hotel 4****s in the heart of Romagna. Welcome aperitif with light buffet. Entrance to the **Hotel SPA**: *Thermal steam bath in a cave with water vapor thermal salsobromoiodics / Sauna / Turkish bath with color therapy/ Emotional Shower with spraying aromatic / Cold pool and waterfall cold / Kneipp Vascular: In tanks walkway natural treasure with different temperatures / Bath Additional Shingle: a walkway river stones stimulate the plantar area/ Pool With Whirlpool: various hydro massage activate the body/ Relax Room: at the end and along the way, you should enjoy moments of rest for this are available various seating areas, where you can relax surrounded by the warm towel, sipping fragrant tea purifying and relaxing. To integrate and liquid glucose will find fresh water to drink and fruit. **Dinner** at hotel with **wellness menu**.*



2nd day

Breakfast at hotel. In the morning departure to **Faenza** and visit of the **International Museum of Ceramics** which contains the largest collection in the world dedicated to ceramics. The culture of ceramics spanning five continents and many centuries is documented in its rooms. An important part is dedicated to the wonderful creations that determined the synonymy between the word majolica and Faïence (Faenza).



Transfer for **Lunch** to a very nice Cellar in countryside, a full immersion in the relaxing green of the vineyard. **Traditional menu of Romagna** with home made pasta and products "0 miles". In the afternoon time to relax and visit the surrounded of the cellar, the medieval tower, the vineyards ... In the late afternoon funny and easy cooking course "**Piadina Romagnola**" (our flat bread) and dinner with our piadina and cold cuts (like in the real Romagnolo life style!!). Overnight in the suggestive rooms of the cellar.



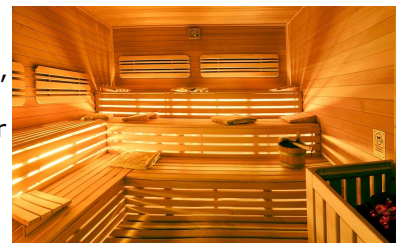
3rd day

Breakfast at cellar. In the morning departure to **SANTARCANGELO di ROMAGNA**. First stop in the wonderful cellar "Collina dei Poeti". **WELLNESS MORNING**: breathing and soft stretching lesson in the park, with the vineyard and the olive trees all around; soft and healthy walks of 30' in the park. Visit of the cellar and traditional **lunch** like in the peasant tradition and **WINE TASTING**. In the afternoon walk in the medieval town center and possibility to visit the ancient and suggestive underground caves. In the late afternoon transfer to Hotel 4**** (on the Coast or in Countryside). Free dinner and free evening to relax.



4th day

Breakfast at hotel. Free day to relax on the beach or in countryside. **HOTEL SPA included**, Turkish bath with starry sky, Sauna, frigidarium with ice waterfall, Whirlpool, Emotional showers And again, massage cabins, large relaxation area with loungers with little lights for reading and Tea. The ideal to relax and regenerate. Free lunch. In the afternoon possibility of **NORDIC WALKING** route on the beach or in the country with the poles. Dinner at hotel. Overnight.



5th day

Breakfast at hotel. In the morning departure to **SAN LEO** to visit the medieval fortress, situated at 583 meters asl accessed by a single road cut in the rock. On the highest point of the spur rises the impregnable fort. The ancient city that was the capital of the county of Montefeltro and the scene of battles and military for nearly two millennial, assumed the title of Capital of Italy. The city hosted Dante and St. Francis of Assisi and was turned into a prison, were held at the Count of Cagliostro. Lunch at typical tavern in the historical center. In the afternoon visit of the main Church, the Duomo and the Palazzo Mediceo. Return to hotel in the late afternoon, free dinner free evening.



6th day

Breakfast at hotel. Free morning. Departure

INFO AND BOOKING

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